

# MASTER WELLNESS VOLUNTEER



For More Information and Session Location Contact Your Local County Extension Agent







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## **BE ABUNDANT IN HEALTH**

Allows those who have a passion about health and wellness to share that passion with others via worksite wellness programs, community events and more!

#### REGISTRATION FEE: \$75 COLLEGE STUDENTS: \$25

Receive 40 hours of training and give back 40 hours of service! Obtain knowledge and skills to live a healthier lifestyle and encourage others to do the same.

### MASTER WELLNESS VOLUNTEER RECERTIFICATION: \$0

Attend first and last training days to satisfy annual 10 hour training requirement. Give back 20 hours of service annually.

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Texas A&M AgriLife Extension is an equal opportunity employer and program provider. Reasonable accommodations are provided upon request and in accordance with the Americans with Disabilities Act. For assistance or to request a reasonable accommodation, please call at least 48 hours in advance.